



UC San Diego Center for Mindfulness Continuing Education Co-Sponsorship Program For Certified MBSR Teachers

Continuing Education Credit Co-Sponsorship Program is available to all Certified MBSR teachers who wish to offer the CE credit when they teach an 8-week MBSR Course.

Program Enrollment Fee: \$200/year/organization

CE Fee: \$30/participant

Please register to enroll in our CE Co-Sponsorship program: <https://na.eventscloud.com/cecosponsorship-mbsr>

After you register, please review the [webpage](#), download the necessary documents to fill out the CE Co-Sponsorship Pre-Course Application Form. Upon completion of your course, you must submit an online CE Co-Sponsorship Post-Course Application Form within 2 weeks after the course completion.

Pre-Course Application Form & Required Materials

Upon enrolling in our CE Co-sponsorship Program, please submit the [CE Co-Sponsorship Pre-Course Application Form](#) at least 7 days prior to the start of the course.

Following documents/forms are required to complete the Pre-Course Application Form.

- **Attendance Sheet and Sign-in Sheet**
 - Weekly Sign-in sheet to be signed by all participants. License information is required for participants who are requesting to obtain CE credit.
- **Promotional Materials with Official CE statement**
 - Promotional materials should include MBSR course description, objectives, dates and location of the course, course fees and teacher(s)' bio(s). Promotional materials are web pages, flyer, and email announcement.
- **CE Certificate**
 - CE credit for 8-week MBSR: 27.0 for APA and 32.0 for BRN
- **Evaluations**
 - If you have a paid version of SurveyMonkey, please request to get a MBSR course evaluation copy by emailing Noriko Harth (nmorita@health.ucsd.edu) with your SurveyMonkey username. We can send you a copy of the MBSR Course Survey template you can modify to send to your course participants. If you do not have a paid version of SurveyMonkey, please download the sample evaluation form.

Post-Course Application Form & Required Materials

Upon completion of your course, you must submit an online [CE Co-Sponsorship Post-Course Application Form](#) within 2 weeks after the course completion. After you submit the Post-Course Application Form and required materials, please email nmorita@health.ucsd.edu. CE fees will be charged to your credit card we have on file.

Following documents/forms are required to complete the Post-Course Application Form.

- **Scanned Attendance Sheet and Sign-in Sheet**

- Weekly Sign-in sheet signed by all participants. License information is required for participants who obtained CE credit

- **Evaluations**

Please submit a summary of evaluations.