**Spiced Carrot Salad**

**Ingredients**

Dressing

1 ½ tablespoon apple cider vinegar

2 teaspoons maple syrup

¼ teaspoon cumin

3 tablespoons olive oil

Salad

5 medium carrots, sliced into thin “coins”

½ cup quinoa, cooked

1/3 cup golden raisins

1/3 cup pepitas

½ cup chickpeas, canned and drained

3 tablespoons parsley, chopped

3 tablespoons mint, chopped

**Directions**

1. Combine all dressing ingredients in a jar or bowl. Mix to combine.
2. Toss all salad ingredients together in a large bowl. Top with dressing and mix.

\*If making ahead, add pepitas, herbs, and dressing just before serving.